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## **COVID-19 Isolation Guidance**

This policy is effective May 25, 2022

- Quarantine for asymptomatic exposed children and adults, regardless of where the exposure occurred, is no longer required for these settings. Children and adults who are identified as close contacts may continue to attend programming as long as they remain asymptomatic.
- Children and adults who test positive and have symptoms should isolate for 5 days from the date of first symptoms, or until symptoms have resolved and they have been fever free for 24 hours. If they test positive, are asymptomatic, and they have been fever free for 24 hours, they may return to programming.
- Symptomatic children and adults may be sent home and allowed to return to their program if they test negative and they have been fever-free for 24 hours without the use of fever-reducing medication and their symptoms are resolving, and/or if a medical professional makes an alternative diagnosis.

Note: At this time, the US Food and Drug Administration (FDA) has not approved or authorized any at-home rapid antigen test for use in children under 2 years of age. However, at-home rapid antigen tests may be used off-label in children under 2 years of age for purposes of post-exposure, isolation, and symptomatic testing. It is recommended that parents or guardians deciding to test children under 2 years of age administer the at-home rapid antigen test themselves

### Covid-19 symptoms

- Fever (100.4 Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known causes, such as chronic cough)
- Sore throat, when in combination with other symptoms
- Nausea, vomiting, when in combination with other symptoms
- Headache, when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes), when in combination with other symptoms